GOODNIGHT MOON
BY MARGARET WISE BROWN
In this kit, you will find a wonderful children’s book and practical resources you can use to help a child develop important lifelong skills. Use these tips to engage the child in talking about the story, further developing vocabulary, comprehension and a love of reading. Finally, use the provided materials and Activity Instructions to extend and practice new skills.

GOODNIGHT MOON BY MARGARET WISE BROWN

Tucked away in bed is a little bunny that bids “goodnight” to all the familiar things in the softly lit, green room.

**Themes covered:** rituals, observation

**Skills developed:** vocabulary, rhyming, fine motor, matching

**Verbal Prompts**

**Before reading...**

- Show the front of the book and ask: where is the moon?
  - What else do you see in the sky?

**While reading, ask questions about images in the book...**

- Where is the red balloon?
- How many bears are there? Let’s count them together.
  - Point and count 1, 2, 3, 4, 5.
- Can you find the mouse? Where is the clock?
- How many kittens do you see? How many windows are in the toy house?

**After reading, ask...**

- Can you say goodnight? Who says goodnight to you?
- Where do you sleep?
- Who sleeps in a little bed? A big bed? Bunk bed?
NAMING OBJECTS FROM THE BOOK
Help children practice recall with this naming game!

**Supplies You’ll Need**
- Template with images of objects found in the book
- Scissors
- Glue sticks
- Poster board with Goodnight Moon written at the top
- Plastic bag(s) or other container

**Kit Assembly Instructions**
1. Print the templates, cut around each image and put them in a bag.
2. Include the book and Tips for the Reader in the kit.
Goodnight Moon by Margaret Wise Brown
Goodnight Moon by Margaret Wise Brown
NAMING OBJECTS FROM THE BOOK

Help children practice recall with this naming game!

Follow These Steps

1. Let each child pick something out of the bag and tell you what it is.

2. After each child names their object, let them glue it on the poster board.
DIGGING FOR OBJECTS

Help children practice counting and classification with this object-finding activity!

Supplies You’ll Need

- One 12-quart plastic tub for every 2-3 children.
- Sand or potting soil to fill each tub halfway.
- One children’s shovel or plastic serving spoon per child.
- Items to bury in the dirt such as stars, letters, numbers, animals.

BEWARE OF CHOKING HAZARDS. No item should be small enough for a child to swallow.

Kit Assembly Instructions

Include the book and Tips for the Reader in the kit.

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DIGGING FOR OBJECTS
Help children practice counting and classification with this object-finding activity!

Follow These Steps

1. Put sand or soil into each tub.
2. Bury multiple objects in each tub.
3. Set up two children at each tub and give them each a shovel or spoon.
4. Ask them to find what’s hidden.
5. Once they have found their items ask:
   - How many items did you find?
   - How many animals? What are they?
   - How many numbers? What numbers?
   - How many letters? What letters?
6. Ask them to wash their hands.
PUZZLE (AGES 0-2)
Help children build fine motor and association skills by creating this puzzle!

**Supplies You’ll Need**
- Image of the night sky
- Scissors or X-Acto knife
- Cardboard (or card stock)
- Glue sticks or paste
- Plastic bag(s) or other container

**Kit Assembly Instructions**
1. Print the image of the night sky, using regular printing stock or a heavier card stock.
2. Cut into 5-6 pieces and place them in a bag.
3. Include the book and Tips for the Reader in the kit.
PUZZLE (AGES 0-2)
Help children build fine motor and association skills by creating this puzzle!

Follow These Steps

1. Ask the child what they think the puzzle will be a picture of.
2. Have the child put together the puzzle to see what it is!
Tips to Help Soothe Little Ones to Sleep

**Look for Cues:** From yawning to rubbing their eyes, most children will give you a sign when they're ready for bed.

**Stick to a Schedule:** Kids thrive on consistency, so be sure to come up with a predictable nightly routine.

**Wind Down:** Avoid active, stimulating types of play before sleep. A calm child will be much easier to settle down.

**Bath Time:** Nothing prepares children for bed better than a relaxing bath. A few floating toys and a little imagination can turn bath time into quiet playtime.

**Make Bedtime Inviting:** A soft blanket or favorite bedtime companion can help welcome your child into dreamland.

**Read a Story:** Enjoy some quality cuddle time with your little one by sharing a favorite tale like *The Green Bath*, *Night Light*, or *Good Night, Sleep Tight*.

**Rock-a-Bye Baby:** Gently lull your children to sleep with an old-fashioned rocking chair or a modern glider...just make sure you don't nod off yourself!

**Sing a Lullaby:** Every baby loves a soothing melody. Whether or not you can carry a tune, your voice is music to your little one's ears.

**Light the Night:** And finally, turn on a night-light to reassure your children and send them off to sleep with a gentle glow.

*Source: Scholastic.com*